## 66

## Primary aged

## children should

$$
\begin{aligned}
& \text { consume no more } \\
& \text { than } 6 \text { cubes of } \\
& \text { sugar per day, } \\
& \text { which is the }
\end{aligned}
$$

# equivalent to one 

full-sized

## chocolate bar. ${ }^{99}$

